

# Intravenous sedation

Important information for adults  
accompanying patients having  
treatment with sedation

You have been asked to accompany someone who is having dental treatment under sedation.

Patients can feel less anxious if they receive a sedative drug before or during their dental treatment. The drugs used can cause some patients to feel a little disorientated or confused for a short time after the treatment.

It is essential that someone will be responsible for them and take care of them for the remainder of the day and for 24hours after the procedure.

It is important that you follow these instructions and contact the Sedation Department on the number provided if you have any concerns.

- You must attend with the patient and remain in the waiting area of the department throughout the patient's appointment. Escorts cannot leave the hospital site whilst the patient is having sedation.
- Do not bring any children or anyone else dependent on you or the patient with you to the appointment.

Some patients take a little longer than others to be ready to go home so please be aware that a precise time cannot always be given. However, most appointments last approximately two hours.

## For 24 hours after the appointment

### The patient *must not*:

- Return to work.
- Make any irreversible decisions, sign any important documents and care should be taken when using the internet for transactions or personal communication.
- Be in charge of others.
- Operate machinery or use any domestic appliance.
- Drive a vehicle or ride a bicycle.
- Drink alcohol or take any recreational drugs.

### The Patient *must*:

- Take their usual prescribed medicines unless directed otherwise by their doctor or dentist. This should be supervised by another adult.

If you have any questions or concerns, then please do not hesitate to ask the dentist or dental nurse who will be more than happy to provide you with further information.

### **Leeds Dental Institute Sedation Unit contact telephone numbers**

**NORMAL WORKING HOURS:**

**(Monday - Friday 9:00am - 5:00pm)**

Telephone Sedation Unit reception on **(0113) 343 1168** or switchboard on **(0113) 244 0111**, and ask to be put through to Sedation Unit.



## What did you think of your care?

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