

*Regional Cleft Lip and Palate Service
Specialist Speech and Language Therapy*

Infant Babble Therapy

Information for parents and carers



Leeds children's
hospital

caring about children

During your child's first year you will be offered a virtual parent-only babble therapy session. This may be individual or as part of a small group of families. These sessions are run by the Specialist Speech and Language Therapists (SLTs) in the Regional Cleft Lip and Palate Service, and will form an important part of your child's care.

The purpose of the session is to share with you:

- Information about early interaction and why it is important for your baby's speech, language and communication development.
- Information about how the palate works and why it is important for your baby's speech development.
- Practical ideas for activities and games you can play with your baby to encourage good communication, language and speech skills.
- Information about specific sounds to model to your child at this stage, with ideas for activities, songs and resources that you can use at home.

You will have the opportunity to ask any questions you may have about your child's talking or how it may develop.

As parents, you can make a big difference to your child's speech and language development. Research also shows that, for children born with a cleft palate, the earlier parents receive support from Specialist SLTs, the better the outcomes for their speech and language development.

The first session will be offered from around six months of age, and further routine speech and language appointments will be discussed during this session.

We will contact you by letter nearer the time to invite you to attend your first virtual appointment, but if you have any questions or concerns in the meantime, please get in touch at the address below:

Specialist Speech and Language Therapy Service

Regional Cleft Lip and Palate Service

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