

Are you having surgery?

Fluid information for patients

Easy Read

easy read



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

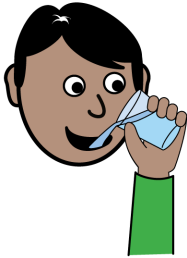


To help with your recovery we have changed our advice.

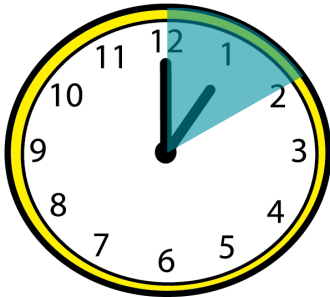


You are now asked to not eat anything for six hours before your surgery

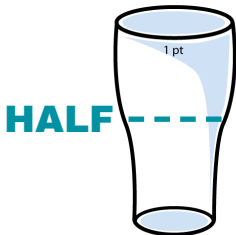
drink water



2 hours



pint glass



You can drink water only until two hours before surgery

Two hours before surgery

Have your last drink before the operation

Please drink 250ml of water

This is the same as half a pint

no eating



Do not eat anything else before your operation

no drinking



Do not drink anything else before your operation

doctor and nurse



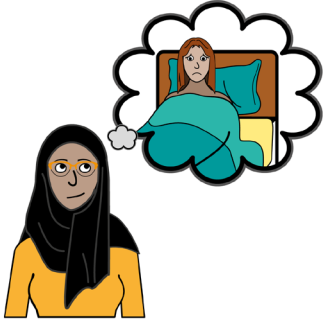
Your doctor or nurse should have told you what medications you can take and what not to take.

question



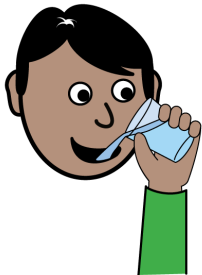
If you are unsure about your medications please ask.

poorly



If you feel poorly because you need a drink before your operation

thirsty



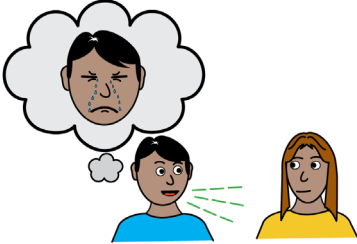
If you feel thirsty

no drinking



DO NOT Drink

tell someone



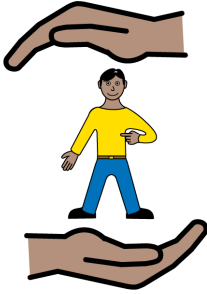
Tell a doctor or nurse

help



We will help you

safe



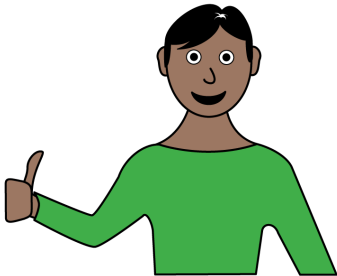
This is to keep you safe during your operation

recovery



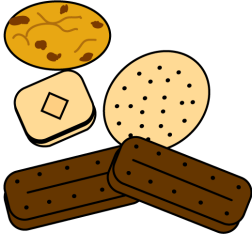
After your operation you will go to recovery

feeling better



As soon as you are feeling ready

biscuits



Ward staff will get you something to eat and drink

tea or coffee



Kindly funded by



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Developed by: Lisa Fisher, Deputy Head of Nursing

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