

Breast Core Biopsy

Aftercare instructions

Information for patients

- Leave the dressing on your breast for 24 hours if there is no obvious bleeding.
- If your breast is sore you can take pain relief as you would for a headache i.e. two paracetamol. **Do not take any medicine which contains aspirin** as this thins the blood and will make the bruising worse.
- **Do not** undertake any vigorous exercise or heavy lifting for 24 hours following your biopsy.
- You may develop some bruising, but this will resolve within 1-2 weeks.
- Your breast may feel “lumpy” or different, this is normal following a biopsy.





- If your biopsy site begins to bleed, apply a clean dressing over the existing dressing and apply firm pressure directly to the biopsy site.

If you have any problems with the biopsy site or any other queries regarding the procedure, please contact:

**Breast Care Nurses on 0113 206 3823 or
Breast Screening Office on 0113 733 4974
(Monday to Friday 9.00am to 5.00pm) or contact
your GP.**

Your biopsy was performed by: Dr

The date of your procedure:...../...../.....