

# Stereotactic Vacuum biopsy

## Aftercare instructions

### Information for patients

- Keep the dressing dry for 48 hours.
- Remove the outer dressing and steri-strips after 72 hours.
- If your breast is sore you can take pain relief as you would for a headache. ie; two paracetamol. **Do not take any medicine which contains aspirin.**
- **Do not** undertake any vigorous exercise or heavy lifting for 48 hours following your biopsy.
- You may develop some bruising but this will resolve within 1-2 weeks.
- If your biopsy site begins to bleed apply a clean dressing over the existing dressing and apply firm pressure directly to the biopsy site.





- If bleeding does not settle attend your nearest Accident and Emergency department.

***If you have any problems with the biopsy site or any other queries regarding the procedure, please contact:***

**Breast Care Nurses on 0113 206 3823 or  
Breast Screening Office on 0113 733 4974  
(Monday to Friday 9.00am to 5.00pm) or contact your GP.**

Your biopsy was performed by: Dr. ....

The date of your procedure: ..... / ..... / .....