

Bowel preparation for radiotherapy

Information for patients

Please follow this advice before your planning scan and every day before treatment.

Step 1 - Using your Microenema

- You need to use your enema even if you have emptied your bowels already that day.
- Empty your bladder before using the enema.
- Do not drink any fluids after using your enema.
- Your enema can take from 15-45 minutes to work.
- If you have not emptied your bowels after 45 minutes ask the reception staff to contact a radiographer.
- Do not use a second enema unless advised to do so by a member of staff.



- You will be asked to empty your bladder again when you are called in for your appointment.

Bring two enemas each day in case you need to use a second. Let us know when you're running short of supplies.

If you have any questions, please ask one of the radiographers in your treatment team or see your information leaflet '[Having a microenema before radiotherapy](#)'.



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The printing of this leaflet has been
funded by Leeds Hospitals Charity
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charity number: 1170369

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Developed by: Helen Shepherd, Advanced Practitioner; Radiotherapy and
the Radiotherapy Treatment Team

Produced by: Medical Illustration Services • MID code: 20240802_007NR

LN003884
Publication date
09/2024
Review date
09/2027