

# Chapel Allerton Hospital The Skin Cancer Multi- Disciplinary Team (MDT)

Information for patients



## Where is the Skin Cancer MDT Clinic held?

The clinic is held on a Wednesday afternoon in the Dermatology Outpatient Department on the ground floor of Chapel Allerton Hospital. You will receive an appointment letter through the post advising you of the date and time you should attend.

*If you are unable to attend and need to re-arrange an alternative date for your appointment, please contact:*

**The Skin Cancer Nurse Specialist Team on 0113 392 4378**

## What is the purpose of the clinic?

*The purpose of the clinic is to:*

- Assess your skin problem.
- Review the results from any tests that you have had.
- Discuss your case.
- Recommend the best treatment option/s for you.

This clinic brings together staff with the necessary knowledge, skills and experience to ensure high quality diagnosis, treatment and care. The team will have discussed your case and the possible treatment option/s available to you prior to your appointment. Your views, preferences and circumstances are all taken into account when the team discuss the treatment that is most suitable for your condition.

**Please note that we are not able to carry out any treatments on the day that you attend the MDT clinic.**

## Who is in the Skin Cancer MDT?

- **Consultant Dermatologist.** An expert in the diagnosis and treatment of conditions that affect the skin. The consultant Dermatologist looking after your care is a specialist in the diagnosis and management of skin cancer. They are an expert in the surgical treatment of skin cancer.
- **Consultant Clinical Oncologist.** An expert in the treatment of skin cancer with radiotherapy.
- **Consultant Plastic Surgeon.** An expert in the surgical treatment of skin cancer.
- **Consultant Histopathologist.** This is a doctor who is an expert at looking at individual skin cancer cells under a microscope to see what type of cancer you have and how it might behave. The Histopathologist provides information that can determine the best type of treatment for you.
- **Skin Cancer Nurse Specialist.** Can provide information, support and care for individuals and their family or carer affected by skin cancer through diagnosis, treatment and follow up.

## What will happen when I attend the Skin Cancer MDT Clinic?

When you arrive at the hospital please make your way to the Dermatology blue waiting area and check in at the reception desk. You will then be asked to take a seat and will be called into the clinic room at your appointment time where you will be seen by the MDT team.

You will be seen by several doctors and the Skin CNS Team member at the same time. They will discuss your case with you and recommend specific treatment options for you. The options will be explained clearly and thoroughly to you at your appointment. We encourage you to ask any questions you may have during the consultation.

After discussion with the team at your appointment, you may feel able to make a decision about the treatment option you want to go ahead with. Arrangements can then start to be made for this. Alternatively, it may be that you want some more time to think things through. In this instance the Skin CNS Team member will keep in touch with you after your appointment. When you have made your decision she can pass this onto the team so that arrangements for treatment can be made.

The Skin CNS Team member will spend time with you at the end of your consultation. You will have the opportunity to ask any further questions. She will provide you with a written summary of what was discussed at your appointment and also written information about your condition. She will explain her role as your key worker and that she is there to provide you with support, information and advice if required.

Please note this can be a very busy clinic. We aim to see patients at their appointment time but delays can occur. Please allow adequate time for parking.

## In summary the MDT is responsible for:

- Assessing your skin problem.
- Reviewing the results of any tests you have had.
- Making recommendations about the most appropriate treatment for you.
- Offering you the opportunity to discuss your care and the treatment recommended.
- Deciding if further investigations are required.
- Organising treatment.
- Providing written information about when and where your treatment will take place.
- Providing you with contact details for your keyworker - the Skin CNS Team member, who will provide you with information/support and advice.
- Providing you with contact details for the consultant's team responsible for your care.

## **What will happen after my appointment at the Skin Cancer MDT?**

Once a decision has been reached regarding your treatment, you will be contacted by the Consultant's team responsible for your care, advising you of your next appointment.

You can contact your Skin CNS Team member after your MDT appointment and she will be able to help in answering any queries you may have. Their contact details can be found below.

**Jenny Fallon - Skin Cancer Clinical Nurse Specialist**

**Tracy Wall - Skin Cancer Clinical Nurse Specialist**

**Ruth Scholefield - Senior Clinical Support Worker**

**Tel: 0113 392 4378**

**Monday - 8am - 2pm**

**Tuesday - Thursday 8am - 5pm**

**Friday 8am - 12pm**

Please note that we are often in clinic and not always available to take your call, please leave a message including your name, NHS number or date of birth and your contact number. We aim to return your call within 48 hours.

## Some useful addresses and telephone numbers

### British Association of Dermatologists

Willan House, 4 Fitzroy Square, London, W1T 5HQ  
[www.bad.org.uk](http://www.bad.org.uk)  
Telephone: **0207 383 0266**

### Leeds Centre for Dermatology

Chapel Allerton Hospital,  
Chapeltown Road, Leeds LS7 4SA

### Macmillan Cancer Support

89 Albert Embankment, London SE1 7UQ  
Telephone: 0808 808 0000  
[www.macmillan.org.uk](http://www.macmillan.org.uk)



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