

Your child has had minor surgery

Information for parents



leeds children's
hospital

caring about children

Pain

After minor surgery your child is likely to suffer some discomfort. A local anaesthetic may be given in theatre and this will help to relieve the pain.

Preventing pain occurring is easier than relieving it once pain has started.

Paracetamol (eg Calpol, Disprol) should be given following the instructions on the bottle.

Your child may be given extra medication to take home, advice about this will be given by the nurse. If the pain is very severe and the medicine is not helping, please contact your GP or the hospital.

Vomiting

Vomiting is common following a general anaesthetic. Some children may have to stay in hospital due to the vomiting. If your child is sick at home, let them drink small amounts of weak juice. If vomiting persists, please contact your GP or the hospital.

Care of the wound

Advice will be offered to you by your nurse before you go home. Generally there will be a light dressing or no dressing at all. Your child may have stitches. The stitches used are dissolvable under the skin, but they may also have steri-strips (paper stitches) on the skin surface. Allow them to peel off naturally, therefore only have a quick bath for the first few days.

If the wound site appears red, inflamed, oozing or bleeding, please contact the hospital.

School

Anaesthetics can wear off slowly making your child dizzy for short periods.

Your child should be observed carefully at home for the first day. If he/she is comfortable, they should be able to return to school after one day. Activities and sports should be avoided for three weeks.

Problems

If you have any worries please contact your GP or the ward your child was admitted to.

GP

Ward



What did you think of your care?

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Developed by: Tracey Garner • Senior Sister • Sue Senior • Patient Services
Co-ordinator Urgent Care
Produced by: Medical Illustration Services • MIS: 20211118_004/JG

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