

Breast needle biopsy

Aftercare instructions

Information for patients

- Leave the dressing on your breast for 24 hours if there is no obvious bleeding.
- If your breast is tender you can take pain relief as you would for a headache i.e. two paracetamol. **Do not take any medicine which contains aspirin.**
- **Do not** undertake any vigorous exercise or heavy lifting for 24 hours following your biopsy.
- You may develop some bruising but this will resolve within 1-2 weeks.
- If your biopsy site begins to bleed, apply a clean dressing over the existing dressing and apply firm pressure directly to the biopsy site.
- Please ensure you have a follow up clinic appointment to receive the results of the biopsy.





If you need any further advice do not hesitate to contact us.

Contact details

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