

The Paediatric Oncology and Haematology  
**Long term follow up  
telephone and video  
clinics**

Information for patients aged  
under 11 years



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leeds children's  
hospital

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caring about children

The Children's Oncology Long Term Follow Up telephone and video clinics are for children who have completed treatment a minimum of five years ago.

### What is a telephone/video follow up?

This is a telephone or video call the nurse or doctor makes to speak with your Mum, Dad or Carer about you.

### When does the telephone/video clinic take place?

- The clinic takes place on a Monday and Tuesday between 11.00am - 4.00pm.

### What will happen during your telephone/video clinic?

- Each call will take about 10 - 20 minutes.
- The nurse or doctor will speak to your Mum, Dad or Carer.
- Your Mum, Dad or Carer will be asked about how well you are, if your taking any medicines and how you are doing at school.
- Your Mum, Dad or Carer will be given the chance to talk about any worries either you or they may have.



### Keeping Healthy

Your Mum or Dad or Carer will be asked if they would like some tips to help you keep healthy.

### Such as:

- healthy eating
- regular exercise
- and anything else you may want some tips on.



### What does this mean for you?

- Less visits to the hospital.
- Less time off school.

### If you want to speak to the nurse you can call:

Naseem Sarwar on 0113 392 8853

Email: [n.sarwar@nhs.net](mailto:n.sarwar@nhs.net)

### For queries about appointments, please contact:

Long Term Follow Up Administration Team on:  
0113 392 2121



## What did you think of your care?

Scan the QR code or visit [bit.ly/nhsleedsfft](https://bit.ly/nhsleedsfft)

*Your views matter*



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