

# Occupational Therapy

## Information for patients

Occupational therapy is a profession which uses a person's everyday activity as a basis for treatment.

Many of our patients benefit from therapy to maximise their independence in daily tasks when they have experienced a change in their abilities. This may be as a result of their surgery, further treatment or because of the tumour itself. We aim to improve, maintain or prevent problems which may occur.

Occupational therapy can help if problems with concentration, memory, problem solving, balance, fatigue/tiredness, vision, strength or co-ordination are affecting your ability to complete the activities you need or want to do.

Your occupational therapy treatment may involve assessments to pinpoint your areas of difficulty, followed by specialist advice, adaptations and activities. This is part of an individualised treatment plan developed with you to help maximise satisfaction in your day to day life.

Contact details: **0113 206 7912**

Your named therapist: .....

