



**The Leeds
Teaching Hospitals**
NHS Trust

Having a sinogram

Information for patients



Leeds
Radiology

What is a sinogram?

A sinogram is an x-ray examination to show a small track that has an opening on your skin.

What does this involve?

You will be asked to lie on your back on the x-ray table and the track opening will be uncovered. A small flexible tube will be inserted into this opening. X-ray dye is injected through the tube and x-rays are taken.

Who performs the examination?

It is performed by a team of healthcare professionals which may include a radiographer, an advanced practitioner, an assistant and a radiologist.

How do I prepare for the examination?

You may continue to eat, drink and take your usual medication.

If you have a stoma or wound bag this will be removed for the test. You will need to bring a spare one with you and any other dressings/ equipment that you normally use.

In the Radiology Department

You will be given a gown to change into. Please do not bring large sums of money or items of value with you.

How long will I be in the department?

Allow up to an hour for your visit. Although we try to keep to your appointment time, there may be a delay due to emergency patients.

We are unable to provide any childcare so please make alternative arrangements.

Are there any risks?

Radiation

This examination involves x-rays. Patients who are, or might be pregnant **must** inform a member of staff.

The amount of radiation used is more than an ordinary x-ray of the chest or body. It is equal to the natural radiation we receive from the atmosphere over a period of approximately two years.

The risk from this radiation dose is very low.

Allergic reaction

Some patients may be allergic to the x-ray dye or medicines. This is very rare. If you have any allergies, please tell a member of staff.

Despite these small risks your doctor believes it is beneficial for you to have this examination.

Do you ever fail to complete the examination?

This examination is usually successful. If, for any reason, we are unable to perform the examination we will inform your doctor who will discuss the alternatives with you.

Following the examination

You will be able to eat, drink and continue normal activities.

How will I get my results?

You will not be given your results on the day. They will be sent to your hospital consultant and they will contact you.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter

