

Advice following Mitomycin-C instillations

Information for patients



Contact the CNS Urology team before 4pm on **0113 206 4506** if:

- You are unable to pass urine on the day of your treatment return to the clinic before 4pm.
- If it is after 4pm attend your nearest A&E, tell them you have had Mitomycin-C in to your bladder and unable to pass urine. Please take this leaflet to the hospital with you.

What symptoms to expect after treatment

- Pain and burning sensation when passing urine
- Needing to pass urine more than normal
- You may notice that you pass small amounts of blood in your urine within 24 -48 hours.

What you can do to reduce the severity of side-effects

- Increase your fluid intake avoiding alcohol, fizzy, acidic juices and caffeinated drinks.
- Try some paracetamol / ibuprofen if not allergic.

If you have blood in your urine for more than 48 hours, or are feeling seriously unwell during treatment and for up to six weeks after receiving treatment please contact the numbers overleaf for advice.

There is a small risk with Mitomycin treatment; you may notice a rash on the soles of your feet and/or the palms of your hands or the trunk of your body. It may be a sensitivity (allergic) reaction, but if it happens, it is most likely to occur during your first treatment, contact the CNS team for advice.

It is important to avoid getting Mitomycin-C in contact with your skin, so please wash your hands and genitalia (male/ female reproductive organs) with soap and water immediately

after passing the drug into the toilet. If the solution does get on your skin it may cause a slight rash. If you wash it off immediately with warm, soapy water, it will not harm your skin.

To prevent irritation for yourself or your partner, it is best not to have sexual intercourse for at least 24 hours after each treatment with Mitomycin-C.

We do not recommend getting pregnant or fathering children during and for six months after Mitomycin-C treatment, so it is essential adequate contraceptive measures are used. If you are considering pregnancy or fathering children please discuss this further with your doctor or nurse specialist.

For urgent enquiries

Monday to Friday 8am to 4pm ring CNS team on **0113 206 4506** and leave a message, out of these hours ring your GP or 111.

Important

If your closest hospital is not St James's you may be advised to attend your local hospital emergency department for urgent attention. Please ensure on arrival you show this leaflet so they are aware of the treatment you have had.

Important information for health professionals

This patient has received **Mitomycin-C** directly into the bladder. Please ensure that the patient has voided following instillation. If catheterisation is required then ensure PPE is worn and urine disposed of in the sluice, if disposing of in toilet bleach and flush three times. Contact St James's hospital.

Monday to Friday 8am to 4pm ring CNS team on:

0113 206 4506 or out of hours on-call Urology Registrar via switchboard on **0113 243 3144**.



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