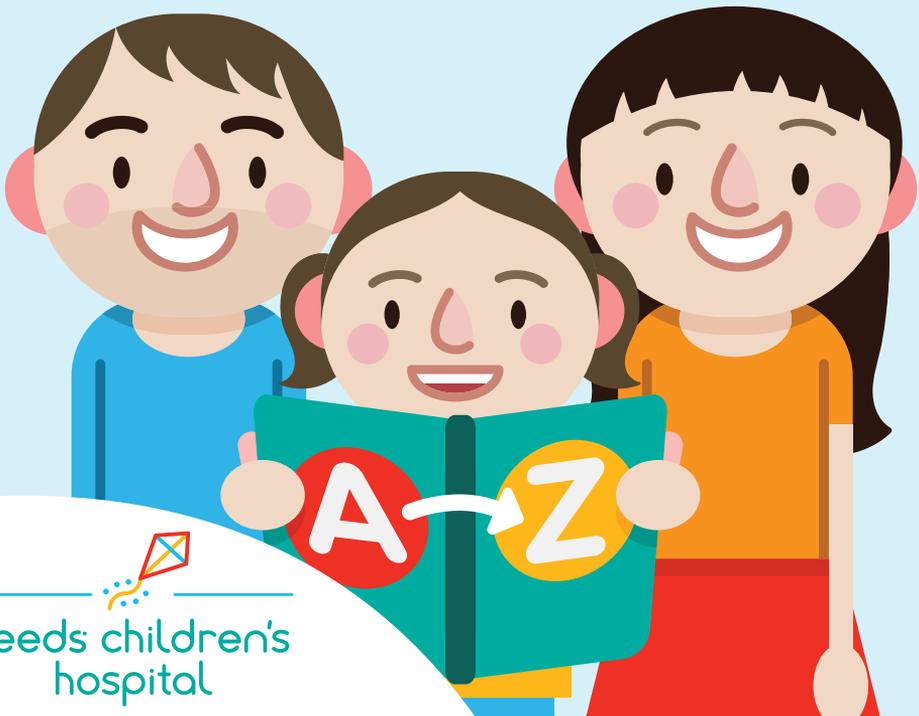


# The A-Z of Ward L42

Information for parents



leeds children's  
hospital

caring about children



### **is for Admissions**

We get admissions 24 hours a day and often in the night, we apologise for the noise level in advance.



### **is for Bed spaces**

We have 20 beds on the ward and to help us care for children effectively, we ask that the curtains remain open during the day (the curtains can be closed if children are having procedures or getting washed for example). One parent can stay overnight and we will provide a fold down parents bed. We kindly ask if you can keep the bed spaces tidy and free of clutter to ensure staff don't trip or fall.



### **is for Canteen / Costa Coffee**

The Canteen is located next door to the ward on C floor. There are two Costa Coffees: A floor Clarendon wing & the Main Jubilee reception.



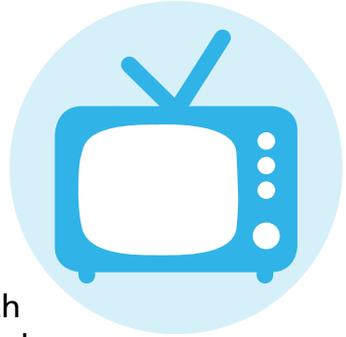
### **is for Discharge procedure**

Once the surgical team are happy with your child's recovery they can be discharged home. If your child needs medications a doctor will have to complete an Electronic discharge letter and medicines will then come from pharmacy. We also have a waiting lounge called the PANDA unit where you may be transferred whilst waiting for medications.



## is for Entertainment

We have a playroom on the ward which has games, games consoles and other activities. This is run by our play leader. If your child would like to do any activities please ask our play leader. Each bed space also has a TV with a phone.



**The Tv's are free from 7am-7pm** and if you need any help please pick up the phone provided and speak to the TV customer service team.



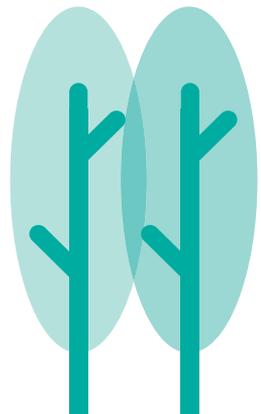
## is for Fasting times

Your child cannot eat or feed for 6 hours before their operation but is allowed to drink clear fluids up to 2 hours before. For example if their operation was scheduled for 9am the last time they would be able to eat or feed would be 3am but they can drink clear fluids until 7am.



## is for Garden

There are lots of outdoor spaces around the LGI if you want to get some fresh air and fresh scenery, your child can go with you as well, if, they are well enough (please ask nursing team) there is also a rooftop garden located on F Floor Jubilee wing, this is closed when the emergency helicopter lands on the roof.





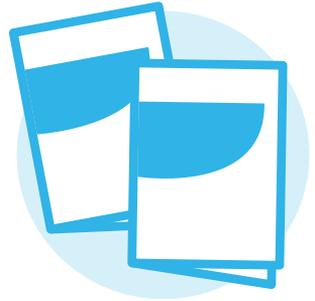
### **is for Hand washing**

We ask that all visitors wash their hands on entering and leaving the ward to help keep our infection risk low.



### **is for Information leaflets**

Information leaflets regarding your child's diagnosis / surgery are available.



### **is for Just relax**

We have a quiet time from 1pm until 3pm. During this time we dim the lights and ask for minimal visitors. If children would like to watch TV then we can provide earphones. Sleep and rest is an imperative part of a child's recovery and also gives parents time to relax and recuperate.



### **is for Kitchen**

We have a parent's room with tea and coffee facilities and we ask for a small donation per cup. There is a fridge if you want to bring your own food ensure to label everything. There is also a microwave to heat your food up. We also ask that you wash cutlery / cups / plates up after yourself. If you are having a meal we ask that you eat this in the parents room as there are often many children fasting pre and post surgery.



## is for the Learning zone

Children who have been in hospital for longer than 5 days will be able to access school facilities provided by the Leeds Childrens hospital. If a child is unable to go to the learning zone the teachers will come and visit at bedside.



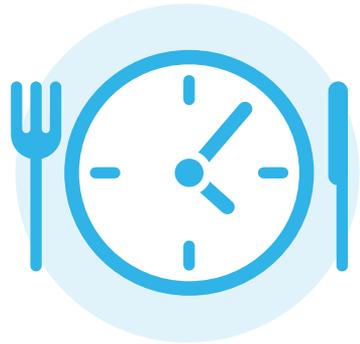
## is for Meal times

Breakfast time is from **08:30**

Lunch is served at **12:30**

Tea time is at **17:00**

Our ward housekeepers will bring meals to your child's bedside. We also cater for breastfeeding mums.



## is for Nursing team

Our nursing team is made up of matron, senior sister, ward sisters, staff nurses, clinical support workers and ward clerks. We often have students on the ward who are in training and also nursing associates. The different job roles wear different colours which are shown on our notice board.

We have two shifts handovers:

**AM: 0700 - 0730 / PM: 1900 - 1930.**

If you have any concerns or complaints during your stay **please ask to speak to the Nurse in charge.**





## **O** is for Operation

When a child is put to sleep only one parent / carer is allowed in the anaesthetic room, you will be escorted to theatre by one of our team. Once your child is in recovery both parents / carers can be present and a nurse will come and escort you back to the ward.



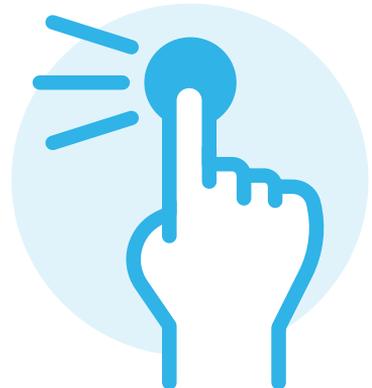
## **P** is for Parking permits

Parking permits can be provided for patients who have been resident with us for longer than 7 days or if your home address is outside of the Leeds area, parking permits are given at the traffic departments discretion.



## **Q** is for Queues

Queues can form outside the ward door, please press the buzzer once, we will have heard it but we are often very busy with patients and families.



## **R** is for Recovery time

Although the surgical team can provide a rough estimate for a child's length of stay, this often varies from child to child but we will start the discharge process as soon as we deem your child medically fit.



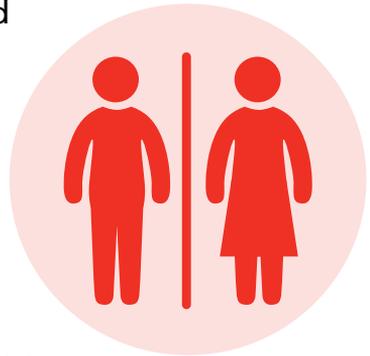
## is for Shops

There is a small shop on A floor Clarendon wing. A shop in the Main Jubilee wing reception area and also a Tesco Express near the A&E / Jubilee reception.



## is for Toilets

There are toilets on the ward which are strictly for children only. Families and visitors should use the parents toilets (located through the double doors near the parents room) to avoid cross infection to our patients on the ward. The parents toilets also have shower facilities.



## is for Under the weather

If you or your visitors are feeling unwell we politely ask that you do not visit as you can make your child and other children on the ward unwell. If you have had any loose stools or vomiting we ask that you do not visit for 48 hours since your last episode.



## is for Visitors

We only allow a maximum of 3 visitors at the bed space, this is due to health and safety and for the other patients on the ward who are recovering from surgery. The visiting times are from **10:00am - 8:00pm**. The surgical teams ward round usually starts around **8:30am / 9:00am**.



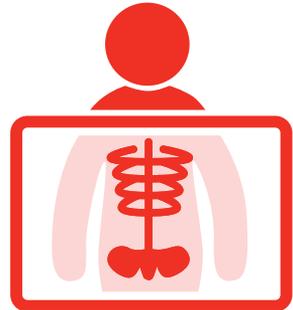
## is for Where are we?

**Ward L42** is located on **C Floor, Clarendon wing**. Our telephone number is **0113 3927442**. The hospital postcode is **LS1 3EX**.



## is for Xrays

We often have portable xrays on the ward and the radiographers will ask you to come away from your bed space for a few minutes to avoid exposure.



## is for Your patience and consideration is appreciated

We are a very busy team and we don't always have doctors available on the ward as they cover the whole of the childrens hospital. The nursing team will communicate with the doctors any concerns you may have and we will endeavour to come and speak to you as soon as we can.



## is for Zzzzzzz

Please be quiet and considerate on a night time to other patients and families. If you want to watch TV past 7pm please use earphones. We ask that mobile phones be used off the ward after 7pm to avoid waking other children and families.