

# The Pharmacy-15

Many parents have said they have trouble getting the correct medication for their child. This list of recommendations and tips has been formulated by the Children's CF Team and the Parents Advisory Group to make the process a little easier for you.

1. Ensure that the repeat prescription has sufficient quantities to supply at least one month's supply of each drug
2. Always have sufficient supplies at home (at least two weeks supply of medicines)
3. Keep the antibiotics for 'acute' infections at home in dry powder form, so they are available when your child is advised to take them
4. When the CF Clinic changes a medication, ask for a printout of the updated medication list to take home and share with your GP
5. With newly prescribed drugs, ask the prescriber how easy they are to obtain
6. When a new medication has been started by the CF Clinic, inform the GP (by phone or email) and check that it has been added to your child's record
7. Request an 'alert' on the GP system (e.g. special circumstances for high doses and repeat antibiotics)
8. When ordering the medicines online from your GP, you can add comments to the request - extra information can help prevent delays
9. If you are unable to use online ordering, discuss with your GP Practice and ask how they can help you
10. When requesting medicines, only order what your child needs
11. Make use of the GP Practice Pharmacist, if the practice has one
12. Explore methods of ordering medicines from the GP and find one that suits you
13. Develop a relationship with your pharmacy
14. Shop around for pharmacy services in your area
15. The CF Unit can liaise with GP surgeries if you have tried everything and are still having significant issues getting your medication

