The Neuroendocrine Multidisciplinary Team

Information for patients
What is a Multidisciplinary team (MDT)?

A MDT is a group of health care professionals from each area of the patients care pathway. They meet together every two weeks to discuss the care of each individual patient.

The main aim of the MDT is to discuss and plan each patient’s diagnosis, future investigations and options for treatment.

Who is included in the Neuroendocrine Tumour MDT?

**MDT Coordinator:** This person arranges the meetings and documents all the decisions made.

**Consultant Surgeons:** These are doctors who specialise in the treatment of patients with surgery.

**Consultant Medical Oncologist:** These doctors specialise in treating patients with chemotherapy and other anti-cancer drugs and are often involved with clinical research looking at new cancer treatments.
**Consultant Clinical Oncologist:** These doctors specialise in treating patients with radiotherapy, chemotherapy and other anti-cancer treatments. They are often involved in clinical research looking at new cancer treatments.

**Consultant Histopathologist:** These doctors make the diagnosis of a neuroendocrine tumour by examining some cells or tissue from the body.

**Consultant Radiologist:** This doctor uses information from X-rays, Computerised Tomography (CT), Magnetic Resonant Imaging (MRI) and Position Emission Tomography (PET) scanners to find the place in the body where the cancer is and see if it has spread. The doctor also uses information from Nuclear Medicine scans which involve the application of radioactive substances to the body. The information from these scans are also used to plan appropriate treatments and see how effective the treatment is over time.

**Consultant Gastroenterologist:** These doctors are specialised in gastrointestinal diseases and symptoms.

**Palliative Care team member:** A registered doctors or / and nurse who specialises in symptom management and supportive care.

**Consultant Cardiologist:** These doctors specialise in treating conditions of the heart and blood vessels.

**Consultant Endocrinologist:** These doctors are specialised in the treatment of people with hormonal conditions and tumours.
Consultant Chemical Pathologist: These are doctors who analyse blood tests using laboratory equipment and their clinical skills in the management of patients.

Dietitian: This health care professional undertakes a nutritional assessment with the patient and offers advice and support to manage the nutritional difficulties from diagnosis or treatment of a neuroendocrine tumour.

Clinical Nurse Specialist: This registered nurse has had extra training in the care and support of patients with neuroendocrine tumours. They offer support and information with the diagnosis and treatment of neuroendocrine tumours. They offer psychological and emotional support along with lifestyle, relationship and practical support.