



The Leeds  
Teaching Hospitals  
NHS Trust

# Evar Daycase Discharge Advice

Information for patients



Leeds  
Radiology

Dear .....

- You have had an endovascular abdominal aortic aneurysm (EVAR) repair.
- The main blood vessel in your abdomen has been relined with a stent graft.
- The puncture site does not require any stitches or a dressing.
- It is very important to keep the puncture site clean and dry.
- You must have someone to drive you home and be with you during the first 24 hours.
- When you arrive home, you should rest and avoid going up & down stairs too frequently.
- It is advisable to not carry out any heavy lifting e.g. carrying shopping, moving / lifting furniture.
- Avoid strenuous activities.
- It is common to develop bruising and an aching pain around the puncture site; you may need painkillers for the first few days for comfort.
- You may also develop a small lump under the skin in your groin, at the puncture site. If you think that this swelling is increasing in size, you should call the Radiology Department on **(0113) 3923311 / (0113) 3923216** and ask to speak to a vascular radiologist. Please note that the bruising may take 2 - 3 weeks to subside.
- It is **not advisable** to drive for 2 - 3 days, following your procedure.

**BLEEDING:** If this happens, lay on the floor, and you or your companion must apply firm pressure using their fingers to the puncture site (the nurse will show you how to do this, before you are discharged). If the bleeding persists, call for an

ambulance, or get someone to bring you to the nearest accident & emergency department and bring this letter with you.

- If you get a sudden onset of severe back pain, tummy pain or collapse, phone 999 and tell them about your operation, and ask them to bring you to **the LGI**. This is extremely rare.
- If one or both of your legs suddenly become pale and painful, return to LGI Emergency Department immediately to be reviewed by one of the vascular surgery doctors.
- You will be called by a Dr / member of staff the morning, following your procedure. Please make sure you are available

**MEDICATIONS:** Unless otherwise stated by a doctor, you should resume your normal medications the same day. If you are taking **Metformin, Clopidogrel** or **Warfarin**, the nursing staff will advise you about when to restart taking your medication.

**BLOOD TEST:** You will need a blood test (U and E's) 48 hours after the procedure, this can be done at your GP surgery. You can book this appointment, in advance, when you receive your operation date. You can also come back to the hospital for this if it is more convenient.

Your blood test result will then be reviewed by the Dr / nursing staff at the hospital. You will be contacted only if there are any concerns.

If you have any questions during normal working hours, please telephone **(0113) 3923216 / (0113) 3923311** and ask for a radiology nurse.

Kind regards  
Radiology Theatres



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