If you have questions after leaving hospital, please telephone our helpline on: 0113 206 4376

IMPORTANT
Please remember – if you are soon to be a patient at any of the Leeds hospitals – bring your medication with you.

For more information, please visit www.bringyourmedicinesleeds.nhs.uk

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Developed by: Janet Murphy, Pharmacy Technician-Team Manager
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WHAT HAPENS IF I HAVEN’T BROUGHT ANY MEDICINES WITH ME?

If you haven’t brought your medicines with you, then there are some steps we will ask you to take:

- If you have medicines at home, it would be helpful if a relative or visitor could bring these into hospital for you as soon as possible.
- If this is not possible, please tell the nurse, doctor or pharmacist what medicines you have at home so you do not have to wait when you leave hospital.
- We do not expect you to bring in dietary products.
- Nurses and pharmacy staff will check that your medicines match the doctor’s prescription while you are in hospital.
- Nurses and pharmacy staff will check that the medicines are suitable for you to use while you are in hospital.
- If you notice a change in your medicines, ask a pharmacist, doctor or nurse to explain.

WHAT ARE THE ADVANTAGES FOR ME?

There are many advantages to bringing in your medication to hospital appointments:

- Ensures your medicines are available when you next need to take them
- Helps us to know what medicines you are taking
- Ensures that you are familiar with your medicines
- Helps us to introduce any new medicines into your treatment
- Delays are reduced when you are ready to go home
- Waste is reduced

WHAT SHOULD I DO WITH MY MEDICINES WHEN I COME INTO HOSPITAL?

- Please hand your medicines to a nurse who will ensure that these medicines stay with you.

WHAT HAPPENS IF MY PRESCRIPTION HAS CHANGED?

Sometimes, your health care team may need to make changes to your medication according to your current medical condition:

- If the doctor wants to change any of your medicines the pharmacy team will order any new medicines for you or re-label your own medicines with the new information about how to take the medicine.
- If any of your medicines have been stopped or we find they are not suitable, we will ask for your permission to dispose of them safely.

WHAT HAPPENS IF I RUN OUT OF MY OWN MEDICINES WHILE IN HOSPITAL?

We’ll make sure you have the medication you need:

- The pharmacy team will talk to you about medicine supplies.
- The pharmacy team will regularly check your locker to ensure you have enough of all your medicines.
- Where necessary we will provide you with a further supply.

WHAT HAPPENS WHEN I AM READY TO GO HOME?

Once you are ready to go home, we will follow a number of steps in regards to your medicines to ensure you have everything you need:

We will give you your medicines back.
- The Pharmacy team will supply any new medicines.
- First the doctor will prepare information about your hospital stay for your GP. This information includes a prescription.
- We will check your medicines to make sure that the dose and frequency of each match the doctor’s instructions and that there is sufficient quantity.
- A nurse will talk to you about your medicines and answer any questions you may have.
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Please bring all your current medicines into hospital with you whatever shape, size or packaging they are in.

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• If this is not possible, please tell the nurse, doctor or pharmacist what medicines you have at home so you do not have to wait when you leave hospital.
• We do not expect you to bring in dietary products.
• Nurses and pharmacy staff will check that your medicines match the doctor’s prescription while you are in hospital.
• Nurses and pharmacy staff will check that the medicines are suitable for you to use while you are in hospital.
• If you notice a change in your medicines, ask a pharmacist, doctor or nurse to explain.

WHAT SHOULD I DO WITH MY MEDICINES WHEN I COME INTO HOSPITAL?

Please hand your medicines to a nurse who will ensure that these medicines stay with you.

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Always Bring Your Medicines into Hospital

What happens if I haven’t brought any medicines with me?

If you haven’t brought your medicines with you, then there are some steps we will ask you to take:

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- If you notice a change in your medicines, ask a pharmacist, doctor or nurse to explain.

What happens if my prescription has changed?

Sometimes, your health care team may need to make changes to your medication according to your current medical condition:

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- If any of your medicines have been stopped or we find they are not suitable, we will ask for your permission to dispose of them safely.

What happens if I run out of my own medicines while in hospital?

We’ll make sure you have the medication you need:

- The pharmacy team will talk to you to ask about medicines supplies.
- The pharmacy team will regularly check your locker to ensure you have enough of all your medicines.
- Where necessary we will provide you with a further supply.

What are the advantages for me?

There are many advantages to bringing in your medication to hospital appointments:

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- Ensures that you are familiar with your medicines
- Helps us to introduce any new medicines into your treatment
- Delays are reduced when you are ready to go home
- Waste is reduced

What should I do with my medicines when I come into hospital?

Please hand your medicines to a nurse who will ensure that these medicines stay with you.

What happens when I am ready to go home?

We will give you your medicines back. The Pharmacy team will supply any new medicines.

First the doctor will prepare information about your hospital stay for your GP. This information includes a prescription.

We will check your medicines to make sure that the dose and frequency of each match the doctor’s instructions and that there is sufficient quantity.

A nurse will talk to you about your medicines and answer any questions you may have.
Please bring your medicines into hospital with you.

**WHY?**

- Your own medicines will be there when you need them
- It will help the doctor, pharmacist and nursing staff to identify what medicines you are taking
- It helps to make the NHS more efficient

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