

# Information for patients who have had an Ultrasound Scan for a suspected Deep Vein Thrombosis (DVT)



# Discharge advice for patients attending with suspected Deep Vein Thrombosis (DVT) but negative ultrasound

## *The scan (ultrasound) investigation carried out on:*

...../...../.....

has not shown any evidence of a clot (also known as a Deep Vein Thrombosis or DVT) in the blood vessels in your leg. However, this test is unable to exclude a clot completely.

Although the probability of a clot is very low, you should be aware that it is important to check that your symptoms are not getting any worse.

In some cases you may require a second scan after a week, you will be informed of this after your first scan.

## *If you do require one the date of the next scan is:*

...../...../.....

at St James's University Hospital or Leeds General Infirmary Ultrasound departments.

## **What should I look out for?**

- Increased pain or swelling in the leg.
- Sudden onset of breathlessness that is unusual for you.
- Chest or back pain that is unusual for you.
- Coughing or spitting up blood.
- Any episode of collapse.

In the case of unusual chest or back pain, coughing or spitting up blood, or episode of recent collapse, **call 999 immediately** and advise the operator that you have recently been tested for DVT.

## **What should I do if I have these symptoms?**

Seek urgent medical advice, either from your GP or your nearest Accident & Emergency department.

## **Is there anything else I should do?**

- If any further tests have been organised for you it is important that you attend for them.
- If you have been prescribed any medicine you should take it regularly and finish the course.
- If you have been given a diagnosis of muscle injury and your symptoms have shown no improvement within a few days, seek further medical advice, either from your GP or Accident and Emergency.

***If you are unclear about any of the above instructions, please contact the DVT service:***

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