



**The Leeds  
Teaching Hospitals**  
NHS Trust

# Welcome to Ward J98

Information for patients



# Welcome to Ward J98, Gynaecological Surgical Ward

We hope that your stay will be as comfortable as possible and that you will find the following information helpful. Ward J98 is a 24 bedded female ward. It is situated on Level 5 of Bexley Wing, St James's University Hospital.

Direct telephone numbers: **0113 206 8298 or 0113 206 8198**

It would be helpful if your family/friends could arrange for one person to co-ordinate enquiries and pass on information and messages to other family members and friends.

## Ward Rounds

You will be seen each weekday by a member of your consultants' team. At weekends one of the wards consultants will be on call and will see you on both Saturday and Sunday.

## Visiting Times

Daily from 2pm-8pm. Visiting outside these times need to be agreed with nursing staff. Maximum of two visitors per patient. Young children are allowed if accompanied by a supervising adult. Please be aware that visiting should be limited in the first two days after surgery as patients need their rest.

Please ensure your visitors do not visit the hospital if they are unwell with cold-like symptoms or have diarrhoea and vomiting symptoms.

## Mealtimes

<b>Breakfast</b>	8:00 - 8:30am	Drinks are served at mealtimes and are also available during the day.
<b>Lunch</b>	12:00 - 12:30pm	
<b>Tea</b>	5:00 - 5.30pm	

Meals are served at your bedside. If you have special dietary needs, please discuss these with the nursing staff on admission.

## What to bring into hospital

- Nightclothes including dressing gown and slippers. A nightie is more comfortable when you have a catheter (fine tube) in your bladder.
- Toiletries (eg, shampoo, deodorant, toothbrush/paste), face cloth and towels.
- Sanitary towels.
- Hairbrush / comb.
- Tissues.
- Loose fitting day clothes (old clothes are better).
- Books/magazines to read.
- Contact numbers.
- Any walking aids you use such as a Zimmer frame or walking stick.
- Medication including inhalers, eye drops, ear drops and creams. These should be in their original containers so that they can be continued without delay in the hospital.

**Diabetic patients can bring in and continue to use their own blood glucose monitors.**

## Valuables

Please be aware that items such as mobile phones, electronic tablets and laptops are your responsibility during your stay.

## Facilities

All beds have a television, radio and phone unit. There is a TV in the day room along with books and magazines. On Level 0 of Bexley Wing there is a shop, café, restaurant and cash point.

## Preventing hospital infections

Please wash your hands with soap and water, at the sink just inside the ward entrance, when you arrive and leave. Wash your hands frequently and carefully especially after using the toilet and before you eat. Hand wipes will be given to you at mealtimes so you can clean your hands before you eat. Ask your family to also wash their hands with soap and water as they arrive and leave the ward. Please bring only essential items into hospital to prevent your bed area becoming cluttered and difficult to clean.

## Prayer Room and Chaplaincy Service

There is a faith centre in Bexley Wing on Level 1. If you would like a visit from a Chaplain whilst you are in hospital, please ask a member of staff to contact them on your behalf.

## Car Parking

Car parking is available in the multi storey car park behind Bexley Wing and also on Beckett Street opposite the hospital. Please note that car parking charges apply. Exemptions are only for patients attending appointments to have chemotherapy or radiotherapy.

The Trust operates a **No Smoking Policy**



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