

Coming for Thoracic Daycase surgery

Information for patients



Leeds Cancer
Centre

This leaflet aims to help you and your family understand more about coming for daycase surgery.

Before coming for surgery

Please have a bath or shower the morning of your surgery to make sure the skin is clean. This reduces the risk of infection.

Please remove all make-up, nail varnish and skin lotions to help us monitor your skin colour and oxygen levels during the procedure.

Please remove your jewellery for safekeeping. If you have jewellery that cannot be removed, please tell us so we can put tape on them before the surgery. This is so the jewellery does not interfere with our equipment.

Fasting

You may eat and drink up to midnight the day before surgery. From midnight you can drink water up until 6am. After 6am nothing to eat or drink.

Tablets

You will need to take your morning tablets at 6am with a small glass of water. If you take medication for diabetes you must not take this on the morning of your surgery.

What to bring In

We advise you to bring in all the medicines that you are currently taking. As well as oral medicines (e.g. tablets, capsules, liquids), please bring any inhalers, sprays, patches, creams/ointments, eye/ear/nose drops, or injections that you use.

We also suggest you bring an overnight bag with you just in case you have to stay in to include:

- toiletries;
- nightwear;
- dressing gown & slippers;
- small change;
- reading material;

Please do not bring valuables or large amounts of money into hospital.

On the day of surgery

Your admission letter will tell you whether to attend the Same Day Admissions Unit or the David Beever's Unit for 7am in the morning.

The nurses will get you ready for surgery. This will include:

- checking your blood pressure, temperature and pulse;
- being seen by a surgeon;
- reviewed by the anaesthetist; and
- placed in a theatre gown.

You must remove contact lenses but you can wear your glasses, hearing aid, dentures or wig to the anaesthetic room. You will need to tie back long hair but avoid using metal clips.

Going home

Provided you are fully recovered you should be able to go home the same day. As you have had a general anaesthetic you cannot go home on public transport or drive, so it is important that you have someone come and pick you up and take you home. You will need to have someone stay with you that night, if you do not have anyone to stay with you please inform the Thoracic Admission Team who will organise you to stay in hospital overnight.

Once home, it is important to rest quietly for the rest of the day. You must not drive a car, operate machinery, drink alcohol or sign legal documents for the first 24 hours. You can resume normal activities the following day but it is advisable to take the next day off work.

Out Patient Appointment

If your surgeon needs to see you back in the outpatient department a follow up appointment will be sent to you through the post.

Contacting us

If you feel unwell when you are due to come in to hospital or you are unable to keep your appointment please telephone the Thoracic Office on **0113 206 8744**.

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