

Coronary Care Unit Ward L20

Information for relatives
and carers



Your friend or relative has been admitted to the Coronary Care Unit (CCU) Ward 20, situated on F floor at the Jubilee Wing, Leeds General Infirmary - our postcode is LS2 9DA.

Our telephone number is **0113 392 2394**. Telephone enquiries are welcome at any time, but we would appreciate it if one family member could act as a spokesperson. If you wish to speak to the nurse caring for your relative please try to avoid calling before 10.30am. This is to allow time for patient care and the Consultants ward round.

If you are accompanying your relative on admission we recommend staying only 30 minutes. This will enable you to see that they are settled onto the unit and that we have the information we require.

Our visiting times are 2.00 - 4.00pm and 6.00 - 8.00pm. It is strictly two visitors at the bedside. Please note that we do not have a waiting room. If more than two visitors arrive to see your friend or relative they will need to wait off of the ward on the chairs outside. Visiting outside of these hours by prior arrangement only and at the discretion of the nurse in charge.

Children under twelve may visit only in exceptional circumstances at the discretion of the nurse in charge and by prior arrangement only.

- Due to the risk of infection visitors are asked not to sit on the beds, or the patients' seating.
- We would also ask that you do not bring food and drink for your own consumption onto to CCU.
- Flowers are not allowed.
- Please turn mobile phones onto silent mode before entering the unit.
- Please only Face time/ Video call during visiting.

- Please avoid using speaker phone.
- Please Do Not take Photographs.

Primary Angioplasty

If your friend or relative is suffering a heart attack they will be undergoing a Primary Angioplasty.

This procedure takes between one and two hours and involves inserting a small tube via the wrist or groin, then injecting dye to observe the coronary arteries to look for any blockages. The doctor will inflate a balloon within the artery to open any blockages. A stent may also be placed within the artery to help keep it open.

Your friend or relative should spend approximately 12 - 24 hours on CCU, before being transferred to a cardiology ward. If your friend or relative lives out of the area provision will be made for them to be transferred to their nearest hospital. This usually takes place around six hours after they return to CCU.

Please note that due to circumstances no specific time can be given however the transfer usually occurs within four hours of transport being booked.

Patients from the Mid Yorkshire region will be transferred to CCU at Pinderfields. Patients from Huddersfield and Halifax will be transferred to CCU at Calderdale Royal Hospital. All other patients' are transferred back to their nearest hospital, Airedale, Bradford, Harrogate or York.

Meal Times Matter - Information for visitors

At Leeds Teaching Hospitals Trust we recognise that food and drink is essential for our patient's wellbeing and recovery.

Many of our wards operate a protected mealtime's policy. This means that we try to ensure our patients are able to eat and enjoy their meals without unnecessary interruption and our ward staff are able to focus their time on assisting patients to eat and monitoring their nutrition.

Patients will still be able to see a doctor or other healthcare professional if they urgently need to and pre-arranged or urgent investigations or treatments will still take place.

How Visitors can help...

If you are visiting a ward displaying a *Protected Mealtimes Poster*, please respect this request and visit relatives or friends outside of these times where possible. Visitors may bring food with them for their relatives when they visit. If you are *not* supporting your friend or family member with their meal, you may wish to use this time to visit one of our food outlets for a meal or drink yourselves.

Visitors should avoid ringing the ward at mealtimes, this will enable a calm atmosphere where the nursing teams can focus on assisting their patients with uninterrupted time to eat and enjoy their meal.

Meal times are 12.00noon - 1.00pm and 5.00pm - 6.00pm

If you have any comments or concerns that you would like to raise please **'Speak to Sister'** or ask to speak to the nurse in charge. Alternatively if you would prefer, ask any member of staff to get a **'Message to Matron'**. The matron responsible for this area is Matron Hannah Graham.

If you have any concerns or queries please ask the nurse caring for your friend or relative.



What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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