



**The Leeds
Teaching Hospitals**
NHS Trust

The Hospital Specialist Palliative Care Team

Information for patients



Palliative Care
Team

Palliative care aims to provide the best care possible to improve the quality of life for people, and those important to them, who are living with a progressive or life-limiting illness. Palliative care can be helpful alongside other ways of managing your condition by focusing on symptom management and emotional support; other treatments may continue.

Palliative care is provided by your medical and nursing teams. If staff feel they need more specialist advice, they will ask the Hospital Specialist Palliative Care Team to be involved, with your permission.

The Hospital Specialist Palliative Care Team see patients across the Leeds Teaching Hospitals Trust and are available for face to face assessment and support.

Within the team we have:

- Doctors with a range of clinical experience including Consultants, Specialty Doctors, Specialist Registrars and GP Trainee Grades.
- Clinical Nurse Specialists with training and experience in palliative care.
- A Senior Pharmacist with specialist knowledge of medications used within this type of care.

We also have close links with colleagues who work in Chaplaincy, Psycho-oncology, Psychiatry Services, other specialists teams including disease specific nurse specialists and the Inpatient Pain Team.

What does the Hospital Specialist Palliative Care Team offer?

We work with you and your ward team to offer:

- advice on the management of your symptoms such as pain, sickness, breathlessness or any other distressing symptom;
- the opportunity for you and your family to talk about emotional and spiritual needs or concerns;
- links to information about your illness, treatments, financial support and other support services you may need; and
- referral for inpatient hospice care or community palliative care.

How do we work?

- A member of our team will meet with you and give you the opportunity to talk through your problems.
- We will offer individualised advice and support for you and those important to you.
- How often we visit will be arranged with you based on your needs.
- With your consent, we will discuss your care with appropriate professionals and provide advice, as necessary, to the team looking after you.
- We often have colleagues spending time with our team to develop their knowledge and skills. We will always gain your consent for these visitors to be at your assessment.
- If you require further specialist palliative care support on discharge from hospital, we can refer to hospices or community palliative care teams.

At your request, we can provide a copy of the summary of your care with us. If you have any questions or concerns about any aspects of your care, please speak to a member of ward staff or your Specialist Palliative Care key contact.

The Hospital Specialist Palliative Care Team:

Contact number: **0113 2064563**

Team are available from 8.30 a.m. to 4.30 p.m, 7 days per week
(messages left over the weekend will be checked regularly)

www.leedsth.nhs.uk/a-z-of-services/palliative-care/

Who to contact when you go home

The GP surgery and the Neighbourhood team remain your key contacts.

Further information can be found at:

www.leedspalliativecare.org.uk

Macmillan Financial Helpline: **0808 808 0000**

The Sir Robert Ogden Macmillan Centre

St James's University Hospital: **0113 2068946**

Maggie's Leeds

St James's University Hospital: **0113 4578364**

Carers Leeds: 0113 4578364

www.carersleeds.org.uk

Other:

If you would like this information leaflet in another language,
please visit: <https://www.leedsth.nhs.uk/patients-visitors/patient-and-visitor-information/patient-information-leaflets> and select
the BrowseAloud™ icon.

What did you think of your care?

Scan the QR code or visit bit.ly/nhsleedsfft

Your views matter



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