The Leeds Teaching Hospitals NHS Trust

Endoscopy Unit

Following an Endoscopic Ultrasound with sedation

Discharge advice for patients

Patient's Name: .....

Hospital Number: .....

You have been given an injection that has a sedative and amnesic effect. This takes 24 hours to wear off completely so you must stay indoors, and should also have someone with you for 24 hours following your procedure.

For 24 hours:

- **DO NOT DRIVE;**
- **DO NOT OPERATE MACHINERY;**
- **DO NOT DRINK ALCOHOL;**
- **DO NOT TAKE RECREATIONAL SUBSTANCES;**
- **DO NOT GO TO WORK, REST AT HOME; AND**
- **YOU ARE ADVISED NOT TO SIGN ANY LEGAL DOCUMENTS.**

You may have a sore throat following your endoscopic ultrasound. This is normal and should pass off without treatment.

You may resume a normal diet, although initially, you may prefer to have small light meals.

If you feel unwell after your procedure, please contact the Endoscopy Unit at St. James's. The numbers can be found at the end of this leaflet. The Endoscopy Units are open from 8.30 am to 6.00 pm, Monday to Friday.

If you are unwell and need advice when the Endoscopy Units are closed, or have worsening abdominal or chest pain and / or you are vomiting blood, we advise that you:

- attend the Emergency department if you think you require **immediate** medical attention; and
- contact the gastro registrar on call for further advice.

To contact the gastro registrar on call you should ring the hospital switchboard on **0113 2433144** and then ask for the gastro registrar on call on **bleep 4770**. You may have to wait a few minutes until the call is connected.

Here is some additional information your GP may find helpful if the need arises.

Type of medication given:

Midazolam ☐..... Fentanyl ☐.....

Tissue sample taken: Yes ☐ No ☐

Treatment carried out: .....

Follow-up care: Any enquires regarding your outpatient appointment should be directed to your consultant's secretary.

Contact details

St. James's:	**0113 2068279**

What did you think of your care?

Scan the QR code or visit **bit.ly/nhsleedsfft**

Your views matter

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Developed by: Julie Bowen, Advanced Nurse Practitioner
Reviewed by: Kate Nagel, Clinical Educator (April 2023)
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