



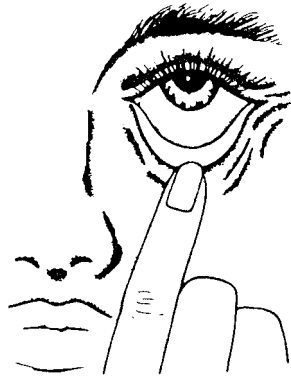
**The Leeds
Teaching Hospitals**
NHS Trust

Eye Injuries/Problems

Information for patients

Ointment

- Please see instructions on the tube
- Pull down the lower lid, and squeeze the ointment into the 'well' formed



- The ointment will make your eye 'sticky' and may obscure your vision for a minute or two
- If both eyes are affected - use a separate tube for each eye
- Use for at least 3 days (longer if so instructed) and throw away any remaining ointment

Local anaesthetic

This numbs the eye for:

- ease of examination
- to relieve pain
- to remove a foreign body

When this wears off, your eye may be painful. Take simple painkillers and this should settle.

If you are worried or have any questions please do not hesitate to contact us on Tel: **0113 392 6600**.

Emergency Department - Eye problem not settling?

Following your attendance at A&E today, we expect the problem to settle down with the treatment you have been given. However, if it is not settling down as expected or is getting worse, then you can seek review in the emergency eye clinic.

Tel: **0113 206 4566** (out-patient nurses)

(Monday - Friday, 9.00 am - 12.00 pm and 1.30 pm - 4.00 pm)

(if unsuccessful you could try **0113 206 4737 / 0113 206 5488 / 0113 206 4835** but when the clinic is busy, it may not always be possible for these lines to be staffed).



© The Leeds Teaching Hospitals NHS Trust • 3rd edition (Ver 1)
Developed by: Ann-Marie Ashong, Emergency Nurse Practitioner
Produced by: Medical Illustration Services • MID code: 20190614_003/RC

LN002876
Publication date
06/2019
Review date
06/2021