

Eye ointment instructions

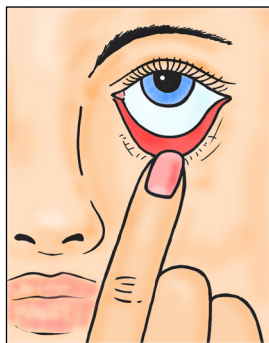
Information for patients

Instructions for using your eye ointment:

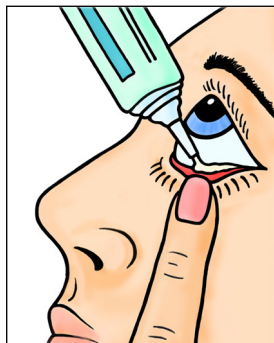
- (1) **Read** the label on the tube. The way we may have attached the label may mean it sticks out from the tube. Please hold the tube so the label doesn't touch your eye.
- (2) **Wash** your hands.
- (3) **Gently** pull the lower eyelid away from the eye. **(Picture 1)**
- (5) **Place** a line of ointment ($\frac{1}{4}$ inch or $\frac{1}{2}$ cm) along the inside of the lower lid. **(Picture 2)**
- (6) **Try** not to touch your eye with the tube nozzle.
- (7) **Gently** close your eye and leave it shut for about half a minute.

Do not rub your eyes.

Picture 1



Picture 2



How to take care of your eye ointment

- 1. Try not to touch the end of the nozzle or allow it to touch your eyelid or lashes.
- 2. Avoid breathing on the end of the nozzle.
- 3. Do not allow anyone else to use your eye ointment.
- 4. Always wash your hands before and after using the eye ointment.
- 5. Recap the tube immediately after you have used the ointment. Store in a cool place.

The eye ointment should be thrown away after the treatment is finished. If treatment is for longer than four weeks a fresh tube should be obtained every 28 days.

Keep the ointments out of reach of children.

Name:..... Date :...../...../.....

Use a ¼ inch or ½ cm of ointment each time.

	Name of Ointment	Eye	How often to be used
1			
2			
3			
4			