

Facing Forward Programme 2020

January to June

Living beyond cancer and its treatment

Our survivorship programme is designed to help you deal with the long term side-effects of treatment. This programme follows on from the three week post treatment educational programme you may have attended following treatment for head and neck cancer.

Thursday 9th January

Living with an Altered Air way - for patients with laryngectomy or tracheostomy

Thursday 13th February

Eating and Drinking

Thursday 12th March

Recognising signs and symptoms

Thursday 9th April

Consequences of treatment

Thursday 14th May

Managing the on-going emotional impact of treatment

Thursday 11th June

Life after treatment

This Programme has been developed to help you live with the long term effects of treatment.



Facing Forward Programme 2020

July to December

Thursday 9th July

Living with an Altered Air way - for patients with laryngectomy or tracheostomy

Thursday 13th August

Eating and Drinking

Thursday 10th September

Recognising signs and symptoms

Thursday 8th October

Consequences of treatment

Thursday 12th November

Managing the on-going emotional impact of treatment

Thursday 10th December

Life after treatment

This Programme has been developed to help you live with the long term effects of treatment.

**To be held at: The Sir Robert Ogden
Macmillan Centre, St James Hospital.**

1:30 - 3:30 pm

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